

Mustangs Find Success at 4A Division II State Track and Field Championships! May 7, 10

You have read about Day 1 at the State Meet, well on Day 2 the Mustangs picked up where they left off.

Women's 1600m Run: Alexandra Myers 5th / Becca Gazar 7th

The paced was pushed early by Hanna Moen a chase pack quickly formed and in the tail of that pack was a little Mustang known as **Alexandra Myers**. She was followed closely by teammate **Becca Gazar**. The young ladies ran the fastest 400 split of their lives en-route to the 4 lap test. Moen kept the pace honest up top being followed now by Hanna of Rio Rico. Late in the 2nd lap **Alexandra** took a gamble that did not pay off. She got caught in the back-draft of the pack and struggled home to a 5th place finish in 5:20.46 a new personal record. **Becca Gazar** also made a bid that pushed her to a personal record of 5:25.16 and 7th place finish.

Alexandra Myers: in the 800m.

Alex had a valiant effort in the 800. She was feeling a bit punched after that 1600m effort. **Alexandra** trailed the pack early but had no idea she was actually on a pace faster than she had ever run this event. She eyed the pack and off an already fast pace, pressed around a group of gals. It was that move which exacted payment not 300m later. **Miss Myers** struggled for home not near the place she wanted.

Brian Shrader: Takes the Title and sets his 4 th School Record this time in the 3200m.

Races and people are like books - in that they can be read. I do not fret about the competition of the Mustangs as much as I am concerned with the Mustangs themselves. Had I concerned myself earlier with the competitions perhaps I could have read the outcome of the race sooner. As it was there were signs published by the race competitors themselves and less than 2 laps into the race we knew that **Brian** was going to win granted he just stick to the rhythm and attention of the race. He did just that. Despite a lead by Ferricks at ½ way through the race **Brian** overcame the margin and with 500m to put the pace away closing his final lap in 61. to a **State Title** and a time of **9:23.47**.

The Tally:

The Sinagua Distance Crew at the State Meet competed in 8 races. Of the 8 races they hit 7 Personal Records and set 4 School Records and came home with 6 pieces of hardware.

In the 2008 Season Brian Shrader captured the Sinagua School Record in the 400m, 800m, 1600m and 3200m. (50.79, 1:55.58, 4:20.04, and 9:23.47 respectively.)